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*Governor*

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Boyd K. Rutherford  
*Lt. Governor*

## DEPARTMENT OF AGING

For immediate release:  
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### **Elderly Isolation Information Segment on MPT's Direct Connection**

**Baltimore, MD** – Dr. Diane Martin, Director of The Center of the Study of Aging at McDaniel College joins Deputy Secretary of Aging Bonnie Glick on Maryland Public Television's Direct Connection program. This segment will feature topics dealing with elderly isolation including differentiating between social isolation and loneliness and overviewing the health consequences of social isolation. Listeners can also learn about the new Maryland Senior Call Check Pilot Program which helps older Marylanders age in place safely.

Deputy Glick notes, "Isolation is an often overlooked issue that can attribute to increased health risks. Learning about the signs and effective programs to help reduce isolation and loneliness is very important to continue living well and aging well."

Tune in Monday, July 23, 2018 at 7:00 PM on Maryland Public Television's Direct Connection program (in most areas channel 22).

### **About the Maryland Department of Aging**

The Maryland Department of Aging helps establish Maryland as an attractive location for all older adults through vibrant communities and supportive services that offer the opportunity to live healthy and meaningful lives. For more information, visit [www.aging.maryland.gov](http://www.aging.maryland.gov) or call 1-800-243-3425 to connect with your local aging office.

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